

THE PROSTON
POST IS PROUDLY
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JACARANDA
TEAROOMS

IN THIS ISSUE:

- **Parkrun
update**
- **Scout News**
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Retirement
Glenys**

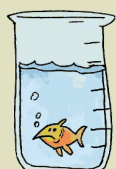
**Lake
Boondooma
Current
Capacity
100.29%**

**In the Rain
Gauge**

**At Proston
Post Office**

**Apr
8.8mm
May
181.4mm**

**2022 total
471.9mm**



The Proston Post

VOLUME 6, ISSUE 3

JUNE/JULY 2022

An “Uplifting” Story

Proston and district locals can always be relied upon to support any cause that will improve the services available to their community. When it became apparent that our local paramedics needed assistance when lifting patients after a fall, the call went out to raise \$5500 to buy a Raizer Lift Chair. The battery-operated mobile device can lift a person weighing up to 150kg into a seated position and they can then be easily moved into an Ambulance.

Proston LAC president Mr Dave Hunter said he expected it to take 12 months to raise the necessary funds, but amazingly the money was raised in just two months. A function was held in Blake Street recently to hand over the special piece of equipment. Proston Ambulance Officer Kim Urquhart was on hand to accept the donation and demonstrate the lift chair with LAC member Raymond Dionysius acting as the patient.

All fundraisers were thanked and presented with Certificates of Appreciation. Major donors were The Golden Spurs Hotel \$1484, Proston Lions Club \$1000, Proston Golf Club \$620, Proston Spar Supermarket \$500, Proston Towing \$500 and Hivesville Fuel \$250. Smaller donations of up to \$200 were acknowledged and appreciated just as much in helping to reach the target. The former Hivesville Market Committee also donated \$1000 from their funds following the closure of the markets. President Dave Hunter said this would be used for future projects.


Proston is very fortunate to have such an active and committed LAC Committee. They work hard to support our amazing paramedics who play such a vital role in the health care of our community. The Local Ambulance Committee would like to thank everyone for their support. Best wishes for your future projects!



Proston Ambulance Officer Kim Urquhart is seated on the new Raizer Lift Chair. Behind her are members of the Proston Local Ambulance Committee, the largest LAC in the Darling Downs QAS region.

Countdown to our Centenary

2023
100 YEAR CENTENARY



100 Years Down The Track

We need your story!

Proston & District Heritage Assn are collating a book for the Centenary in 2023 and would love to include your Proston memory or story.


In 500 to 1000 words, please share your memories or anecdotes of Proston.

Please email your story along with any relevant photos to
prostonheritage@gmail.com

**Deadline for stories is
30th September 2022**

**A REMINDER THAT THE CENTENARY CELEBRATIONS ARE
30TH SEPTEMBER & 1ST OCTOBER 2023**

For more info please email
prostonheritage@gmail.com or phone
Kathy Crane on 0407 091 019 or
Linda Rea on 0428 689 280



The 100 year celebration of the coming of the rail to Proston is edging ever closer. Set for the weekend of the 30th September & 1st October next year, it promises to be a huge event. Many former residents have indicated they are planning to return, with some putting their hand up to volunteer as well. The Proston State School has come on board and will celebrate their centenary on the same weekend.

The Heritage Assn members are busy on a number of fronts - setting up a display of Proston's history in Shop 38, gathering stories for the publication of a commemorative book to be released to coincide with the centenary and working on new signage for the Proston Heritage Trail. The association is looking for suitable Proston photos from the past for their Heritage Trail signs and would especially like a photo of the Fire Station showing the original timber doors.

They are beginning to plan how the weekend will run and there is much to consider - events, food and accommodation to name just a few. The association would welcome any interested persons, as well as representatives from all organisations, to come along to their next meeting on Tuesday 21st June at the Cultural Centre in Railway Park at 6.15pm. For more information, or to submit stories or photos, please see the contacts on the flyer at left.

Councillor Kathy's Comments



Cr Kathy Duff

Thank you, Glenys,
I would like to thank Glenys Blanch for 21 magnificent years of service to the Proston community. Glenys has worked tirelessly six days a week keeping the chemist doors open for all those years. The community will be forever grateful for the wonderful service that Glenys has provided. I was unable to attend the surprise morning tea that was held for Glenys but was pleased to hear that a large proportion of the community attended the event in the main street and presented Glenys with

some lovely gifts to enjoy in her retirement.

Roads in our Region

There has been an enormous amount of flood damage to the roads across our region. The serious safety concerns are dealt with under what is called emergent works as approved by the Queensland Reconstruction Authority. The damage on every individual road is then put forward by Council to be assessed as to whether it is actual flood damage. Council must provide before and after evidence to justify their claim.

Once approved Council can then repair the road damage or seek external contractors depending on the workload. The whole process can take quite some time so if you have flood damage to your road it may take longer than usual to have it repaired.

Contact Details

I am keen to hear of any concerns that you may have with your roads, or any other Council related matter so please don't hesitate to contact me on 0437020705 or email kathy.duff@sbrc.qld.gov.au.

Anzac Commemorations

Proston RSL members were delighted by the large crowd which gathered at the Cenotaph on Anzac Day for the Dawn Service. They were especially pleased to welcome the Proston Scout Group, who had camped the night at their den and were up early to march to the Cenotaph for the service. Proston Fire Brigade representative Raymond Dionysius led the march. The crowd showed their appreciation with a round of applause as they marched past.



Proston State School Student Leaders Izzy Bleys, Kaitlyn Barber and Darren Blanch attended the Dawn Service.



Proston RSL sub-branch President Mr Geoff Ferris delivers the Ode at the School Commemoration.

Proston sub-branch President, Mr Geoff Ferris, led the commemoration.

Following the service, those present enjoyed the hospitality of the RSL with refreshments served in the club rooms.



Scout Leader Puggie (Robyn Maneylaws) and the Proston Scout Group following the Dawn Service.

Proston State School hosted the community for their Anzac commemoration on Friday 22 April.

As always, the students did a great job of sitting quietly and laying their wreaths respectfully. The service was led by student leaders Kaitlyn Barber, Darren Blanch, Izzy Bleys and Jaiden Hockey.

Guests enjoyed morning tea in the Library following the service.

Parkrunners Outrun Winter's Chill

Although our mornings have a definite chill at present, the welcome at Railway Park parkrun each Saturday couldn't be warmer.

Walk, jog, run or push a pram - all ages and levels of fitness are welcome. You can even bring your furry friend on a leash. The volunteers are an enthusiastic bunch and love to encourage everyone on their way. It's a very social start to the weekend and you'll be warm and feeling great after all that exercise.

Visitors from all over Australia have enjoyed the peaceful

bush setting of our parkrun course. More volunteers are always welcome, so if you could spare an hour or so on a Saturday and would like to be part of the fun, please contact Kathy Crane or Anita Welch. They can also help you register to be a parkrun participant. It's completely FREE!

Whether you're a visiting parkrunner, a local participant or a volunteer you'll be made very welcome.

And I hear they love a good catchup at the coffee shop afterwards too. See you soon at 7am each Saturday in Railway Park, Proston.

A word of THANKS



to Edna Chesterton for the big box of Marigold plants she donated for the town gardens. They have brightened our lives for many weeks.



One of our most committed parkrunners is Izzy Bleys who has already notched up 25 parkruns. Congratulations Izzy. A terrific effort!

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Social Snippets

* During Volunteer Week, we were visited by a bus load of volunteers from the various Visitor Information Centres in the South Burnett who were on a familiarisation tour. After a morning at Boondooma Homestead, the group enjoyed a wonderful lunch at the Proston Golf Club where they were joined by Cr Kathy Duff. After lunch, Kathy showed the volunteers around Proston, including a visit to the shop which will become the Proston Community and Information Centre. One section of the shop has been given over to the Proston & District Heritage Assn and they are in the process of setting up a fascinating display of Proston's history. We look forward to the services and interest this centre will bring to the community.

* We record with sadness the passing of former Proston resident Mrs Laura Cox on 30th April 2022. Although it is many years since Laura left Proston, she will always be remembered for her tireless contribution to the CWA, Ambulance, Tennis Club and many other local organisations. Our condolences to Laura's family.



School Holidays mean fun at the Library! Join in a **Holiday Craft Activity on Thursday 7th July at 10am**. If you would like to attend please book by phoning the Librarian, Mrs Julie Manning on 4168 9103. Bookings are essential.

Rhyme Time is back at the Library on the 1st and 3rd Thursdays of each month, commencing on Thursday 2nd June at 9am.

Pictured at right are a group of happy Mums enjoying the morning with their little ones. Come and join them!



Saturday 21st May marked the end of an era in the shopping precinct of Proston. Mrs Glenys Blanch retired after more than 20 years at Proston Health & Beauty.

A large crowd turned out to thank Glenys for her dedication and service to the community and to wish her well in her retirement. Glenys' patient, caring help and lovely smile will be missed by so many.

Glenys was presented with some lovely gifts for her garden. Granddaughter Addison was excited to help her cut the beautiful cake made by Sara at the Proston Golf Club. We wish you a long and happy retirement Glenys.



5 years of Scout leadership has gone by already for Robyn Maneylaws aka Puggle. Robyn was presented with her 5 year service award by Zig Zoldak aka Chill.

Thank you for your leadership and commitment to Proston's young people Robyn. You really make a difference in our community.

The Scout group visited our community labyrinth (pictured below) to celebrate World Labyrinth Day. Kathy Crane and John Walden were on hand to explain what a labyrinth is and how it is used. Puggle commented that "the children were fantastic and very respectful". Well done all.



Mental Health Awareness

Proston
Mental Health
Peer Support Group
@ Proston Community Hall

For further information please contact:
Kathy Crane

Proston Outpatients Community Health
30 Wondai Road, Proston Q 4613
Ph: 07 41689288—Mob: 0407 091 019

Proston Mental Health Peer Support Group meets on the **3rd Wednesday of each month** at the Proston Community Hall. Meetings coming up will be **Wednesday 15th June and Wednesday 20th July at 10am**. Everyone is welcome to attend these meetings.

DATE CLAIMER: The Peer Support Group have already begun planning for **RUOK? Day**, which is **Wednesday 7th September**. You're invited to come and share a cuppa from 9.30am in Blake Street, Proston on that day.

For more information please contact our Community Health Nurse Kathy Crane at 4168 9288 or 0407 091 019.

Wed 7th September 9.30am
Blake St, Proston
Come for a cuppa!

really Are they OK? Ask them today

Have a conversation using these 4 steps

- 1. Ask RUOK?**
 - How are you travelling?
 - We don't seem to have safety - want to talk about it?
- 2. Listen with an open mind**
 - I'm here to listen if you want to talk more.
 - Have you been feeling this way for a while?
- 3. Encourage action**
 - Have you spoken to your doctor about this?
 - What do you think is a first step that would help you through this?
- 4. Check in**
 - Just wanted to check in and see how you're doing?
 - Have things improved for you since we last spoke?

Learn how to ask at ruok.org.au

You're invited to come along and show your support.

RUOK?
A conversation could change a life.



Happiest of Birthday wishes to Margaret Connell who celebrated her 80th Birthday during June. Hope your day was special in every way Margaret!

CardiGras

25-06-2022 12PM - 9PM



CAR SHOW

SWAP MEET MARKETS & CONCERT

Trophies To be Handed Out Best Vehicle In Show, Best Classic, Best Muscle, Best Hot Rod, Best Holden, Best Ford, Best Ute, Best Club Display, Peoples Choice

Car Show Adults \$30
Concession \$5

combined
Car Show &
Concert
Adults \$30
Concession \$10

TICKETS AVAILABLE Tickets Available: <https://events.humanitix.com/cardi-gras-parties-in-proston>
Proston Showgrounds 41 Proston-Boondooma Road Proston QLD 4613

A Car Show, Swap Meet & Markets With An Evening Concert
With The RockNRollaBillies

\$5 Car Registration Fee, \$25 Market Stall Fee. Register
at www.cardigras.com.au. Trophies To Be Handed Out.

PROSTON SHOWGROUNDS

25th JUNE 12pm TO 9pm

Admission prices: Car Show Adults \$10, Concession \$5

Concert Adults \$15, Concession \$7.50

Combined Car Show & Concert Adults \$20, Concession \$10.

If You Love Traditional Country Music In A Basic Relaxed Country Atmosphere Then You Have Definitely Come To The Right Place

BACK TO BASICS
MUSIC MUSTER

10th, 11th, 12th, 13th, 14th August 2022
ONE WEEKEND JAM PACK
WITH GREAT ENTERTAINMENT & COUNTRY HOSPITALITY
ARTIST ANNOUNCEMENT





KERRY KENNEDY, COL FINLEY, ROB BREEZE
TAMWORTH RUSTY RINGERS,
Graham Doubleday (Dubby), Brian Howard, Dally Croft, Reece Blindman,
Amy Ryan - Greg Kruger - Alice Benfer - Lyn Jerrett - Clarrie Weller
Three Mustavebeers and Clyde Cameron

Toilets - (No Showers) Food - Camp Fires - Walk Ups Welcome
For Tickets Call Direct - 0412 884 482

THIS IS A PROUD & TRUE GROUP SOCIAL MEDIA PROMOTION - COPYRIGHT & TRADEMARK LAWS 2021

*If you love traditional country music, this is the place to be.
10th -14th August 2022*

Great Food, Coffee Van, Toilets, Camping with wood fires.

*Tickets \$70 per person - Day Pass \$30 per person - Under 16 FREE
1385 Proston Boondooma Road, Coverty Q 4613 (13km from Proston)
Tickets on 0412 884 482*

Those were the days



Proston Scouts and Cubs arriving at the RSL rooms in Collingwood Street in preparation for a camp. The first move to form Boy Scouts in Proston came from the RSL sub-branch and a Troop of Boy Scouts and Cubs was formed in 1942. The ute in the top left corner belonged to Perren & Day and was used to deliver groceries around town. Photo courtesy Joyce Penman circa 1950s

**PROSTON
COUNTRY
MARKET**

**SAT 18TH
JUNE**

The first Proston Country Market organised by the Proston Show Society will be held on Saturday morning 18th June in Railway Park.
If you wish to book a stall, please call Val on 4168 9391.
\$5 per stall. All welcome.

REMINDER
Proston Men's Shed
meets every Tuesday &
Saturday morning from
8am. Visitors welcome!

Read "The Proston Post" online at www.prostononline.info or "Like" and "Follow" the Proston Connection Facebook page.

If you have an item or photograph that you think may be of interest to your community it can be left at either NB Department Store or Jacaranda Tearooms or alternatively email it to grea6@bigpond.com for possible inclusion in the newsletter.