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The Proston Post

VOLUME 4, ISSUE 3

JUNE/JULY 2020

IN THIS ISSUE:

- Light Up
The Dawn
- Peer
Support
News
- Club and
Business
Updates

**Lake
Boondooma
Current
Capacity
35.68%**

**In the
Rain
Gauge**

**At Proston
Post Office**

**Apr
2mm
May
6.7mm**

**2020 Total
391.7mm**



Visit by Mayor

A steady stream of residents from Proston and district took the opportunity to meet with Mayor Brett Otto on the first of his mayoral community visits. Jacaranda Tearooms was the venue for the visit with a delicious breakfast and coffee available from 7am. While in town, the Mayor visited the Proston Men's Shed which is currently under construction and also checked out the renovations at the Proston Golf Club. He is pictured here meeting with David Hunter and Margaret Westerman.



Planning for Outdoor Stage



Greg Griffiths, Manager NRM & Parks, South Burnett Regional Council and Andrew Galt, Landscape Architect, meet with Kathy Crane, Secretary of Proston & District Heritage Assn to discuss the Outdoor Stage plans.

Plans for the Outdoor Performance Stage, which is to be built in Railway Park, Proston, are progressing despite the COVID-19 restrictions. The Proston & District Heritage Association are the grateful recipients of a grant of \$54,688 from the Foundation for Rural & Regional Renewal (FRRR). FRRR's Tackling Tough Times Together grant helps communities access resources needed to support one another through the effects of ongoing drought.

An outdoor stage, which will be available for use by all community groups, will be a permanent structure in the park and will be built by local builders AKR Builders of Mondure using local hardwood supplied by Ransen Timber, Proston. The proposed design is in keeping with the heritage precinct where it will be located.

On completion of the stage a special event will be held to launch the project. It is envisaged that the stage will become a focal point for residents to gather and share community events for many years to come.

Congratulations Cass!

Proston Show Society was fortunate to stage their show before the COVID-19 restrictions were put in place. Cassandra Simcox was judged Miss Showgirl for the Proston Show, but because of the lockdown and cancellation of shows, she has been unable to compete at sub-chamber and state levels.

Then ABC Wide Bay came up with the idea of hosting a 4 hour virtual Show live on radio featuring all the fun of a regular show. The Miss Showgirl competition ran alongside this and our lovely Proston Showgirl Cassandra Simcox was sashed as the 2020 ABC Wide Bay Virtual Showgirl. Congratulations Cass!



**ABC Wide Bay 2020
Virtual Showgirl
Cassandra Simcox**

Councillor Kathy's Comments



Cr Kathy Duff

Proston is a wonderful community and we are very lucky we live in a great part of the world. It is a challenging time with COVID-19 and the changes that are happening to us all on a daily basis. This is something I know none of us have ever seen before. It has brought out the best in people in most cases. I have been really pleased to see the way our community has stepped up and supported each other.

Most importantly everyone has been supporting our local businesses. At a time when it would be easy to sit at home and push computer buttons to shop

online the majority of people have taken the time and made an effort to keep the dollars flowing in our community.

"Ray of Sunshine South Burnett" is a campaign to encourage people during this difficult time to do something with the colour yellow. The colour yellow symbolises sunshine, hope and happiness. A big "thank you" to everyone in Proston who has decorated their homes, their businesses, drawn a picture or taken a photo to help boost community morale.

The Local Disaster Management

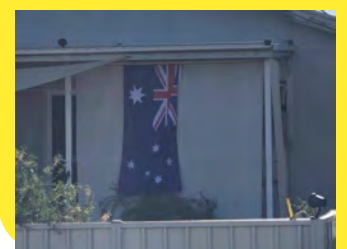
Team meet regularly as does the Recovery Group that I am on. We have printed a brochure with all of the phone numbers that we could think of that may be of assistance particularly to the elderly and the vulnerable in our community. It's available online here - <https://www.southburnett.qld.gov.au/downloads/file/3950/covid-19-recovery-dl-fahr>

Please continue to support each other and let's keep supporting local businesses long after this pandemic is over.

*** I can be contacted on 0437 020 705.**

Light Up The Dawn

Proston residents embraced a very different Anzac Day observation this year. Many marked the special day by lighting candles and standing in their driveways in the pre-dawn, playing the Last Post and observing a minute's silence. Wreaths were hung on fences or laid at makeshift flagpoles and Aussie flags were proudly displayed on homes. It was great to see how many residents took the time to make the remembrance personal and meaningful. *Lest We Forget.*



As restrictions start to lift, we are hopeful of a return to normal with both the shop renovations and Shop 44, in the near future.

The pop up shop is nearly back to our previous opening days. Some volunteers are still unable to return at this point in time.

We are currently open Tuesday, Thursday and Friday... and some Saturdays, depending on available staffing. We have new stock arriving regularly so feel free to drop in and browse, or just for a chat.

Proston residents have been busy during lockdown. We have had lots of wonderful donations to the shop, a sincere thank you for thinking of Shop 44.

Proston Golf Club has re-opened their free camp area.

Cold beer and snacks will be available from 12 noon Friday 5th June. Enjoy a round of social golf each Friday afternoon.

Enquiries 0455 316 902

Social Snippets

* Great to see how well Proston residents and businesses have coped with the COVID-19 regulations. In general, people have been very supportive of each other and our local businesses, who have worked hard to adapt and keep serving the community. Restrictions are beginning to ease, but continuing to support these businesses will help to build a stronger community and make Proston an even better place to live.

* Welcome to town life for Bob & Betty Haigh who have sold their farm at Speedwell and retired to a home in Wondai Road.



A special time for Nicole Urban and Jonathan Hams who have announced their engagement. We wish them all the best for their future together. Congratulations!

- * **HAPPY BIRTHDAY** wishes to **Curly Pidgeon** who turned 80 on June 6th. Hope you had a great day Curly.
- * **Catholic Mass** has now resumed each **Saturday** at the winter start time of **9am**.
- * **Alicia's Spa & Hairworx** would like to advise that the Proston salon will be open on **Tuesday 9th June and every second Tuesday** after that. Please do not visit the salon if you are unwell.

Library News

Proston Library and Council office was re-opened to the public on Tuesday 26th May after an 8 week closure. A number of safety issues have been addressed within the library building and library visitors are restricted to five people at any one time. All returned books are to be placed in the returns tub placed to the left of the front door entrance and these are quarantined for 24 hours before being wiped with antiseptic wipes and then re-shelved. A maximum of 20 books per person may be borrowed for a period of 4 weeks. We now have a permanent hand sanitizer station at the



front door, perspex screens have been placed around the front desk to allow for safe distancing and public computer usage is limited to one half hour session per person per day. No groups are allowed to meet in the library, therefore Rhyme Time sessions and Conversations remain on hold. All halls and Council centres remain closed for public use until further advice from the Queensland Government.

South Burnett Regional Council would like to thank all patrons for their patience, continued support and adherence to safe distancing regulations.

Julie Manning, Librarian.

Our local Mental Health Peer Support Group has continued to maintain contact during COVID-19 lockdown. In April we had a very successful meet up by phone with 12 people joining in. It was good to try something different and keep in touch to support one another during the isolation time. By May, people were keen for some face to face contact and we were able to meet outdoors while maintaining social distance. We continued with the phone meeting as well for those for whom this suited best.

The main aim of the group is to offer support to one another. Meetings are held on the 3rd Wednesday of each month and everyone is welcome to come along to listen and share.

Next meeting is Wed 17th June, 9.30 am for a cuppa, meeting commences at 10am. Venue to be confirmed.

For more information please contact Kathy at the Clinic on 4168 9288 or 0407 091 019.

Get to Know a Local!



Name: Helen Charity

Nickname: Hels

Lived in Proston: 5 years

Occupation: Retired

Favourite Pastime: Gardening and spending time with family

Favourite Food: Authentic Chinese Food

Favourite Music: 70s and 80s

Favourite Sport: Basketball

I can't live without: Family & friends

My secret talent is: ?

Best Quality: I'm compassionate - I hope

Proston needs: All committees working together to achieve

What I like most about Proston: There are very friendly people in the town.



These two lovely ladies Helen Charity (left) and Carmel Parnell (right) are very cheerful volunteers in the Proston community. Both ladies have been a driving force behind setting up Shop 44 and regularly volunteer there. They can also often be found helping out at the Proston Golf Club, CWA events or anyone who might need a hand. You are much appreciated ladies- thanks for all you do!

Name: Carmel Parnell

Nickname: Carm

Lived in Proston: 2½ years

Occupation: Retired

Favourite Pastime: Spending time with the grandchildren and reading

Favourite Food: A really good steak

Favourite Music: 70s and 80s - Fleetwood Mac and Bruce Springsteen

Favourite Sport: Netball

I can't live without: Family & friends

My secret talent is: I love restoring old furniture - bringing it back to life

Best Quality: My husband says I'm a good organiser

Worst Quality: Intolerant of procrastinators. If it's got to be done ... just do it!

Proston needs: Kmart! Seriously - petrol.

What I like most about Proston: The pace of life here and the friendly people.

**SUNDAY
BREAKFAST**



7.30AM TIL 10.30AM

07 4168 9069

THE GOLDEN SPURS HOTEL

News from The Golden Spurs Hotel

Di and Andy have been very busy during lockdown giving the Dining Room at the Golden Spurs Hotel a makeover. Call in and check out the warm country atmosphere and unique décor. Enjoy a meal in the heated dining room, the fire is lit in the bar and the beer is on tap. The dining room is open Monday to Saturday from 11am for Lunch and Dinner and takeaways are also available. Start your Sunday mornings at the Spurs with breakfast served from 7.30am to 10.30am and Lunch and Dinner also available. Check out the board outside the hotel or their Facebook page for daily specials.

Trivia Night has returned on the 1st & 3rd Thursdays of the month at 7pm in the Dining Room. Families most welcome.

Please phone the pub on 4168 9069 to book a meal or order a takeaway.

COVID-19 restrictions are easing, but for the safety of their customers, the staff at the Golden Spurs are ensuring they comply with all regulations relating to the number of diners, designated seating in the bar, social distancing and hygiene.

Di and Andy and staff look forward to seeing you soon.



EASY AS APPLE PIE

- 1½ cups SR Flour
- ¾ cup sugar
- 1 egg
- 125g butter, melted
- 1 teasp vanilla
- 1 large tin pie apples

Mix flour and sugar. Add melted butter, beaten egg and vanilla. Mix all together with a fork. Press ¾ of the mixture over the base and sides of a large greased pie plate. Add apple. Sprinkle remaining mixture over the apple. Sprinkle with brown sugar and cinnamon. Bake at 180°C for 55 mins.

COVID-19

*Our lives have changed, day by day,
We all have to do what the experts say.
Washing our hands all the time
The virus was never far from our minds.
Toilet paper was out of supply
Please help the ones that started to cry.
A rush on paper was to be
Oh no, you can only have three.
Disinfectant was next in line,
Flour and cake mixes went in time.
Tins of food rolled off the shelves,
Most shelves were empty we knew damn well.
Borders were closed, not letting people through,
The rest of us were shut down like glue.
Isolation was a miserable task,
Our son made it home without a mask.
Big cruise ships brought it into the bay,
With many people passing away.
The shops were closing all their doors,
Our son was still trading from his store.
Government was paying all wages for once,
So they could at least have something for lunch.
Our Easter Bunny was confused,
He didn't want to get abused.
He kept hopping through the states,
Children clapping said "Good on you mate!"*

This poem was written and submitted by Dalveen Anderson (nee Waters) a former Proston resident.



Some Proston residents got into the spirit of Ray of Sunshine South Burnett by decorating their fences in yellow. Photos Kathy Duff



Those were the days ...



Proston Marching Girls 1958 - second from the left is Dorothy Eisenmenger (nee Wilson) and 5th from left is Shirley Anderson (nee Etherington).



**Sat & Sun
13th & 14th June
7am to 5pm**

**177 Butler Drive, Proston
Lots of household items etc
Come and have a look.**

Read "The Proston Post" online at www.prostononline.info or "Like" and "Follow" the Proston Connection Facebook page.

If you have an item or photograph that you think may be of interest to your community it can be left at either NB Department Store or Jacaranda Tearooms or alternatively email it to grea6@bigpond.com for possible inclusion in the newsletter.