

THE PROSTON
POST IS PROUDLY
SPONSORED BY
NB DEPARTMENT
STORE AND
JACARANDA
TEAROOMS

Wondai Spring

Garden Expo

Saturday 25 &

Sunday 26

September 2021



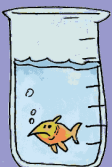
**Lake
Boondooma
Current
Capacity
25.66%**

**In the Rain
Gauge**

**At Proston
Post Office**

**June
26.4mm
July
102.2mm**

**2021 Total
450.8mm**



The Proston Post

VOLUME 5, ISSUE 4

AUG / SEPT 2021

Congratulations Lorraine!

A former Proston girl has been recognised with a high honour in the 2021 Queen's Birthday Honours List. Flight Sergeant Lorraine Morley was awarded a Conspicuous Service Medal.

"The medal is for my devotion to duty in training administration and development in the Air Warfare Centre for the Royal Australian Air Force," Flight Sergeant Morley said.

Lorraine is the daughter of very proud parents Steve and Heather Carfoot of Proston. Lorraine attended school in Proston where she excelled at sport.

She joined the ADF 21 years ago and said she felt extremely humble and grateful to be recognised for her work and to receive this high honour.

"It was one of the busiest and most challenging things I've done in my career, I really pushed myself further than I knew I could go," Lorraine said.

During her time in the ADF Lorraine has spent 6



Flight Sergeant Lorraine Morley has been awarded a Conspicuous Service Medal in the 2021 Queen's Birthday Honours. Photo: Corporal Brett Sherriff

months in Dubai on deployment and has completed her degree in Leadership and Management.

She is now based at Amberley. Husband Steve, also a defence force member, and their two teenage children Georgie and Riley are justifiably proud of her achievements. Proston is proud of you too Lorraine!

Farewell to a Legend



Trucks were a huge part of Norm's life and he and "Girlie" were a familiar sight around Proston for many years. Norm will be remembered for his good humour, love of a yarn, his calm manner and his "live and let live" attitude.

A large crowd gathered at the Proston Cemetery recently to farewell a much loved and respected community member, Norm Smoothy, who passed away suddenly on 6th July aged 88 years.

Norm was remembered as an honest, hard-working, humble and genuinely good man. His eulogy was told through memories and legendary stories by some of the people who knew him best, portraying his dry humour, larrikanism and wonderful outlook on life. During his working life Norm helped on the family farm, worked as a truck driver, bought his own truck to cart sleepers and later gravel and did dozer work both here and in central Qld. He was also proud of the fact that he had worked with Smithfield Feedlot from its very inception.

Norm's National Service was also honoured by the RSL with a poppy service.

Following the service, the Proston Golf Club hosted a gathering of family and friends. As Norm once said "It always feels good to come home to Proston. I know everyone and everyone knows me." We are all richer for having known Norm.

Our heartfelt condolences go to the Smoothy family.

Councillor Kathy's Comments



Cr Kathy Duff

Barcaldine Bush Conference Postponed

The Annual Council Bush Conference was called off because of Covid. I was heading to Barcaldine to showcase Proston as a follow up from the Butch Lenton Award. My job was to do a presentation on the progress of the shops since we were presented with the \$10,000 cheque from Peak Services in 2019. I have to say that the presentation was going to be impressive as the progress has been remarkable. The work that has been completed is exceptional and the shops that

are open are really kicking goals. I have had lots of people from other areas comment on the spirit of the town. I am proud and pleased to see the results of the work of Proston Queensland and the whole community. I loved to see and be part of Proston dressing up for Easter, the pinking up the town was amazing, and the Christmas in July was also spectacular. Congratulations to everyone on your awesome town spirit and pride.

Proston School Show Team

The Proston School Show team are the talk of the town and although the Ekka events are

cancelled there are still opportunities where they can shine. Well done to the team and your host of supporters and best wishes for your continued success.

Council Grants now Open

August is the month for Council grants. They are open now and close at the end of August so community groups wanting to apply please check the website, contact Council on 41899100 or give me a call. Best wishes everyone. Please feel free to contact me at any time. * I can be contacted on 0437 020 705.

Christmas in July

A wonderful crowd turned out in perfect weather to enjoy all the fun of the Christmas in July Market on Saturday morning 31st July. It was great to see the street bustling with people and to hear them chatting and laughing as they enjoyed themselves, particularly those lucky enough to score a chocolate on the P&C Lob-a-Choc stall. Winners of the Shop Local draw were 1st Janee Crane, 2nd Amy Banks and 3rd Gay Welch.



Tracey Blanch manning the P&C Stall



A huge THANK YOU to all those who came along and joined in our Christmas in July last Saturday.

As I'm sure most are aware, since March 2020, fundraising has been difficult for NFP groups and Businesses are doing it tough in our small community.

It was a great example of community spirit and an enjoyable social morning for Proston.

Over coming weeks you will see the 'outside' work continue on the shops, the inside of shop 40 is all but complete, with final works being done in the store room/kitchenette.



Proston Railway Park Run is coming soon on Saturday mornings and it's for EVERYONE!

Run, jog, walk or push a pram. Participants and volunteers are needed. If you would like to be involved or for more details, please contact Kathy Crane on 0407 091 019.



Proston CWA members Joan Murray and Fay Banks selling tickets in their raffle. Winners were 1st Narelle Duffy (\$50 Murgon IGA voucher), 2nd Kathy Crane (crochet rug) and 3rd Lloyd Schulz (Pamper pack & jewellery).

Proston QCWA News

Proston QCWA branch held their AGM on Monday 26th July. Cr Kathy Duff chaired the meeting while Glenda McArdle carried out the duties of Returning Officer. The new executive is President Eileen Vos, Vice Presidents Cheryl Simpson and Val Klein, Secretary Judith Marek, Treasurer Ruth Naylor and International Officer Joan Murray.

Division President Janice Jamieson and Division Treasurer Bev Schloss attended the meeting and presented some members with their 10 year service medals. A special event at the meeting was the presentation of a 50 year service medal to Val Klein. Guest speaker Maree Anderson from Graham House was welcomed and shared a wealth of information about the services they offer to the community.



Division President Janice Jamieson and Division Treasurer Bev Schloss presented Val Klein (centre) with her 50 year service medal. Congratulations Val on achieving this wonderful milestone.

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Social Snippets

* Farewell to **Di and Andy Grant** of the **Golden Spurs Hotel** who have sold their lease. Thanks for all you have done during your time in Proston and best wishes for your next adventure. Welcome to new Licensees **John and Denise Welsh**.

* We are sad to record the passing of **John Smoothy**. John passed away on 11th June in Greenslopes hospital aged 77 years. John enlisted in the Navy and served his country for many years. In accordance with John's wishes, following his cremation, his ashes will be scattered at sea.

* Best wishes to **John and Wilma Papworth** who have sold their property and have left the district. John volunteered a lot of his time as a driver with Graham House. Wilma was farewelled by the CWA ladies at a morning tea and will be much missed as their International Officer.

* The **Proston State School Golf Day Fundraiser** was very successful, raising around \$2000 to assist with the Secondary School camp at Fraser Island. Thanks to all who supported this event.



Happy 90th Birthday to Lew Hincliff who celebrated his special day with a surprise afternoon tea attended by relatives, neighbours and friends. Congratulations Lew!



Proston has **TWO** brand new residents in the form of two beautiful baby boys.

* **Atlas David Tiger Jackson Nielsen** has been born to Georgia and Blake Nielsen of Collingwood Street. Atlas joins big sisters Thea and Astrid.

* Cassie Simcox and Andrew Kelley of Kinleymore are overjoyed at the arrival of their first child **Theo Kelley**. Congratulations to all!

* **LATE NEWS**
The Whitson twins have arrived! Twin girls **Kara and Kenzie**. Congratulations Kate & Keir. All doing well.



Make that **FOUR** new Proston residents.



Worst Quality: I procrastinate

Proston needs: More for the kids

What I like most about Proston: That it has a little bit of everything



Dementia Friendly Community



Education Session

Learn about dementia and understand how to support a friend, family or community member

Please join us for this free informative session with various guest presenters sharing practical ideas that can lead to positive impacts for people living with dementia and their carers.

Be part of Proston becoming an inclusive dementia friendly community.

SATURDAY 11th SEPTEMBER 9.30am to 12 noon
PROSTON COMMUNITY HALL, Rodney Street, Proston.
Morning Tea provided

For more information or to register for the session, please contact Kathy Crane on 0407 091 019 or email kathleen.crane@health.qld.gov.au



dementia friendly communities

Supported by
Proston Men's Shed

Come and hear a variety of interesting speakers and find out how we can all help as we work towards making Proston a dementia friendly community. Saturday 11th September from 9.30am to 12 noon in the Proston Community Hall.



BOOK WEEK 2021

Proston Library is looking forward to hosting Book Week 2021 celebrations. The Ekindy children will visit on Tuesday 24th August, while the Playgroup will be welcomed on Wednesday 25th August. Children will enjoy a reading of a short-listed book and a craft activity arranged by Mrs Julie.

Get to Know a Local!

Name: Amy Banks

Nickname: The Scouts call me "Mary Poppins"

Lived in Proston: We've been here for almost 10 years.

Occupation: "Mum" and eKindy facilitator one day a week

Favourite Pastime: Craft and baking

Favourite Food: Sweet things

Favourite Music: Anything from Abba to Aussie country music

Favourite Sport: V8 Supercars

I can't live without: Family and good friends

My secret talent is: My handbag is like "Mary Poppins' bag" - never know what is in there.

Best Quality: I like to help when I can



A new feature where readers can share their recipes, cooking or gardening tips. **Robyn Maneylaws** shares her Tabbouleh recipe which she regularly makes with parsley from the town gardens.

"As a few of my friends know, when they ask me for a recipe, it's always a guesstimate as I just put it together to my taste and I have no real measurements. So this is as close to it as I can come, always adjust to what you like."

Robyn's Neighbourhood Tabbouleh

4 cups fresh parsley, finely chopped, stalks and all (flat leaf is nicest)
½ cup fresh mint leaves, finely chopped
½ cup finely chopped onion, any sort
3 tomatoes, finely chopped, no seeds
1 cup couscous, premade in beef stock and chilled
2 tablesp lemon juice (can add grated rind if liked)

Mix all together and have as a side with any dinner. (Seriously any dish).

It's also great for stuffing a chicken. Just add more slices of lemon and some breadcrumbs to bind it together.

**Proston
Mental Health
Peer Support Group
2021**

@ Proston Community Hall

For further information please contact:
Kathy Crane
Proston Outpatients Community Health
30 Wondai Road, Proston Q 4613
Ph: 07 41689288 - Mob: 0407 091 019
Kathleen.Crane@health.qld.gov.au


<p>August Wednesday 18th August 2021 Monthly Group Meeting @ 10.00am</p> <p>September Wednesday 8th September 2021 RU OK Day Stall @ Proston</p> <p>Wednesday 15th September 2021 Monthly Group Meeting @ 10am</p>	<p>October Wednesday 20th October 2021 Monthly Group Meeting @ 10am</p> <p>November Wednesday 17th November 2021 Monthly Group Meeting @ 10am</p> <p>December Wednesday to be advised End of Year / Christmas Party</p>
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Darling Downs
Health

Female aged 50 – 74?

BreastScreen Queensland is coming to

<p>MURGON HOSPITAL 1-13 September 2021</p>	<p>CHERBOURG HOSPITAL 14-16 September 2021</p>
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One screen is not enough

Get a mammogram every two years

BreastScreen Qld recommends that women aged between 50 and 74 years have a breast screen every two years. Women in their 40s and 75 years and over are also eligible for free breast screens in the BreastScreen Qld Program.

For more information or to book online, visit breastscreen.qld.gov.au OR phone 13 20 50 for an

The gremlins were at work in the last edition of The Proston Post. Below are the corrections to two items that appeared in it. In the story on the presentation of the map by Mrs Dianne Howley, the map was owned by Dianne's grandfather Wilfrid Welch, who pioneered Portion 34 at Stalworth in 1911. Re the story on the former BP Service Station, George Hansen sold out to Nev and Lyn Shailer, not Jeff Grundy as reported. My sincere apologies for these errors.

You are invited to the

PROSTON LIONS CLUB Spring Garden Fete

at "Rose Park," 12 Okeden Road, Proston
Sunday 3rd October
8am – 1-00pm. *Free Admission!*

Multi-Draw Raffle: Quality Prizes

Plants for Sale and Novelty Competitions with a Gardening Theme

**Flower Show with Prizes
and Trophy for Champion Exhibit**

Tea and Coffee, BBQ, Cold Drinks, Snacks

*All Proceeds from this day will go to
Improvements to Proston Lions Park*

STALLS WELCOME
\$5-00 per stall

For more details
ph Helen on 4168 9297
or Jan on 0438 681 840

Those were the days

The Boondooma Private Hospital was built in Proston in 1934 on land owned by Dr Reeve Palmerston Rundle. Dr Rundle was the first medical superintendent at the hospital. A newspaper article in the Maryborough Chronicle dated 2nd July 1935 reported on a Proston Chamber of Commerce meeting during which the following was discussed:



"It was further decided to ask the council to reserve a triangular area of land at the junction of the Okeden and Wondai Roads, for garden purposes, and Dr Rundle advised that if the council would do this and prepare the surface as required, he would plant trees therein at his own cost."

This area was subsequently planted with silky oak trees and became known as Rundle Park. During the mid 1990's the fisherman statue and pond were added.

Dr Rundle was something of a mover and shaker during his time in Proston, being active in the Chamber of Commerce and the RSL as well as being the driving force behind the formation of the Proston Golf Club. He also had the foresight to subdivide the land on the northern side of Wondai Road into residential blocks.

In later years Dr Rundle was the main driver behind establishing the Townsville and District University Society and was its first Chairman. The society was very effective in having the University College established and this later became James Cook University.

MARK WEBB PRESENTS

BACK TO BASICS

Music Muster

19 - 22 AUGUST 2021

KERRY KENNEDY / COL FINLEY / DEAN PERRETT
POOIE JENKINS / ALEXIS AND SUZIE
GREG KRUGER / JALICE BEMPER / GRAHAM WALLEY /
BRIAN HOWARD / NATALIE FENTON / LYN FISHER

THE THREE MUSTAVEBERS



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FOUR DAYS OF FABULOUS MUSIC AND FREE CAMPING ON SITE

UNBELIEVABLE VALUE AT ONLY \$50pp
OPEN FIRES AND GREAT FOOD
TOILETS AND SHOWERS
WALK UPS WELCOME
COVID-19 RULES APPLY
STRICTLY LIMITED NUMBER FESTIVAL

1385 PROSTON/BOONDOOMA RD, COVERTY 4613 QLD
BOOK NOW @ OZTIX.COM.AU

**LIN'S COUNTRY MUSIC
CAMPOUT**

Walk-up Artists & Bush Poets
23rd-26th September
12 Butler Drive, Proston

Bush Poet's Breakfast
Fri & Sat 8am

Walk-up Artists Fri & Sat
Campfire Singalong Fri night

*For further information contact Lin
on 0409 275 403*

TREE UPDATE—RUNDLE PARK

A good cross-section of interested residents met with the SBRC Parks & Gardens staff recently in Rundle Park to discuss the removal of the silky oak trees. Acting Manager Mark Watt has undertaken to have the trees re-assessed and has given an assurance that no more work will be carried out until this is done. Following the assessment the Parks & Gardens staff will then consult with the community once again. Council approval is also being sought to officially name the park "Rundle Park" (see history above) and a sign will be erected once the approval is given. Staff are also investigating having the fisherman's hand restored.

Read "The Proston Post" online at www.prostononline.info or "Like" and "Follow" the Proston Connection Facebook page.

If you have an item or photograph that you think may be of interest to your community it can be left at either NB Department Store or Jacaranda Tearooms or alternatively email it to grea6@bigpond.com for possible inclusion in the newsletter.