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TEAROOMS

The Proston Post

VOLUME 5, ISSUE 2

APR/MAY 2021

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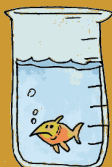
**Lake
Boondooma
Current
Capacity
27.12%**

**In the Rain
Gauge**

**At Proston
Post Office**

**Feb
7.8mm
Mar
144.4mm**

**2021 Total
269.6mm**



Our history on the big screen

In 2023 Proston will celebrate 100 years since the coming of the rail and the subsequent development of the town. The celebrations will take place over the weekend of 30th September and 1st October 2023. In the lead-up to this important event, the Proston & District Heritage Assn are excited to announce a special day and evening of local history.

The day will commence at 9am with volunteers taking oral histories from those who would like help to put their recollections down for inclusion in a Centenary book. Sessions will run for 1½ hours each with breaks for morning tea and lunch. You will need to book for this as numbers will be limited.

From 4pm, a sausage sizzle will be available for purchase.

At 5pm, a very special event will take place. The first ever screening of movie footage taken by the late Bill Keys between 1955 and 1976 will be shown. The movie is a fascinating glimpse into the past and covers a wide range of events and everyday life in Proston. Bill's son Peter has kindly agreed to travel from Brisbane to introduce the movie, which runs for an hour and 10 minutes. Admission to the movie is \$10 for adults and \$20 for families with children, with proceeds going to the Heritage Assn.

For bookings or more information, please see the contact details on the flyer at right.

**Local History
Day & Movie
Night**

PROSTON COMMUNITY HALL
Saturday 15 May 2021

Do you have a "Proston story" to tell for the book being compiled for the Centenary, but need some help with it? This is your chance to sit down with one of our volunteers and tell your story. Sessions commence at 9am and run for an hour and a half each. Bookings are essential as numbers will be limited.

Sausage sizzle available from 4pm

Then join us at 5pm for a very special event - the first ever screening of a Vintage Proston Movie from 1955 to 1976

**Admission \$10 adults
Family with children \$20**
A fundraiser for Proston & District Heritage Assn

For bookings or more info please email prostonheritage@gmail.com or phone Kathy Crane on 0407 091 019 or Linda Rea on 0428 689 280

2023
100 YEAR CENTENARY

Proston students head to Beef 2021



Proston State School Show Team members are excited to be heading to Rockhampton in the first week of May to participate in Beef 2021. Leo Clarke, Kaiden Saban, Logan Christie, Kaitlyn Barber and Jessica Jackson will compete in Prime Judging, Stud Judging, Team Stud Judging and Junior Handler classes.

Teacher Katrina Hayward said the school would also be showing the 2 Smithfield steers, Showtime & Sapphire, who have performed so well in our local shows, taking out a number of Grand Champion & Reserve Champion titles.

They will be joined by 4 red Brangus heifers from Mawson's Pastoral, a black Brangus bull from Innes Brangus, a steer from Neaavie Pastoral Co (Ross family) and a heifer, cow & calf from Springvale Red Angus.

Katrina and the students will be joined by Ag assistant Mikaela Ross. It should be an amazing experience for our Proston students and we wish them well. Follow their adventure on the Proston State School facebook page.

Councillor Kathy's Comments



Cr Kathy Duff

Proston Park Run

I am very keen to support community members who would like to have a Parkrun in Proston. The feedback I have is that there are around 30 willing participants to start as soon as we can register a Parkrun. The area that would work in Proston is around Railway Park. It has been trialled and the track would be a twice around circuit to make up the 5km. It is safe, off road and would meet the requirements. We need to

raise \$7500 to have the event officially registered.

Proston Show Success

I was very pleased to be part of another great event for Proston. The Show, although cut back because of Covid, was still one that we could be proud of. The Stud Beef section had around 150 entries of high-quality cattle. It was also really pleasing to see a large number of Young Judges and Junior Handlers competing. Congratulations to the Show Committee and

everyone who helped to make it a successful event.

Covid Continues

The Covid outbreaks make these times uncertain. Things keep changing and we all must adjust. It is a stressful time particularly for those with loved ones in hospitals and aged care. It is a challenging time for local businesses. It is a tough time for everyone so please look out for each other and stay safe.



Cameron Rutledge scooped the pool in the Poultry section at the recent Proston Show, taking out both Grand Champion and Reserve Champion Exhibit of the Show.



Thank you to those members who were able to attend our AGM on 27 March and those who sent apologies. Thank you also to Kathy Duff who chaired the meeting and election of officers below;

Secretary... Helen Roth

Treasurer... Lyn DaBonde

President...Carmel Parnell.

Memberships are now due and can be paid online <http://prostonqld.com.au/> or at Shop 44 on Blake.

Note: Easter display items (Bunnies/Eggs) from the street are available for collection, please see the volunteers in Shop 44.

We thank the community for your continued support.

HIGH HATS & FACINATORS
HIGH TEA AND COCKTAILS
FUNDRAISER For Breast Cancer Awareness
 Bring Your Own TEA CUT

THE GOLDEN SPURS HOTEL PROSTON QLD

BOOK YOUR TABLE NOW!!
 PH: 07 4168 9069

Grandma's, Mum's, Daughter's & Friend's - ALL AGES WELCOME

\$20 PER PERSON
Saturday 17th April
2PM - 5PM

- > BRING YOUR DECORATED BRA TO PIN UP
- > FIELD FASHION WALK (best dressed Pink)
- > LUCKY DOOR PRIZE
- > PRIZE FOR THE BEST DRESSED
- > FASHION RUNWAY
- > RAFFLES
- > GUEST SPEAKERS - Sue Cox, Ros Heit & Sonia McMahon

CWA Easter fun



Pat and Will Banks have fun on their decorated bikes at the CWA Easter Fun Day but Peter Marek looks a bit unsure about his Easter hat.



Proston Country Bus Service are running a bus to Burrandowan Races on Saturday 8th May. The bus will run from Hivesville to the races via Proston, Glencoe Rd/Coverty and Ballogie. Cost is \$25 per person return. To book, call them on 4168 9296 or book via Facebook.

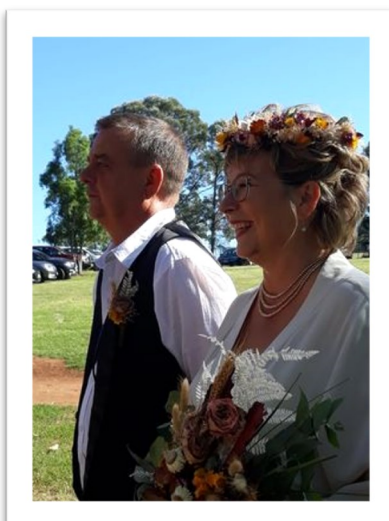
Due to wet weather, the Proston Golden Spurs Campdraft which was set down for 19-21 March had to be postponed and will now run 16-18 April.

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Social Snippets

* Congratulations to Jacaranda Tearooms who celebrated 4 years in business on Thursday 8th April. April also marks 4 years since the first edition of The Proston Post.

* We are saddened to hear of the passing of June Kelly. June made Proston her home and was part of the community for many years until she required care in recent times. May she rest in peace.



A very happy couple, Janee Crane and Nick Volk, on their wedding day on Saturday 10th April. The couple exchanged vows in a beautiful ceremony at the Proston Labyrinth, followed by a reception at the Proston Golf Club.

May you be blessed with many wonderful years together Janee and Nick.



Peter Manthey cuts his 80th birthday cake with wife Lyn by his side. Peter celebrated his milestone birthday with family and friends at a party at the Proston Community Hall on Saturday 3rd April. Congratulations!



South Burnett Libraries are excited to reintroduce regular library programs to each branch in the coming weeks. Attendance to sessions including First 5 Forever Rhyme Time will be strictly limited, so it is essential that anyone wishing to attend, calls their local library to book.

Attendees will be required to sign in and maintain the usual Covid distancing rules. For the safety of all, we ask you not to visit the library if you or your children are unwell.
Julie Manning, Librarian



ANZAC
SERVICES

A ceremony to commemorate Anzac Day will be held at Proston State School on Friday 23rd April commencing at 9.30am. Morning Tea will be served afterwards in the School Library.

A dawn service will take place at the cenotaph in Collingwood Street, Proston on Anzac Day, Sunday 25th April commencing at 5.30am. All welcome.

LEST WE FORGET

Loving thoughts of the Proston community are with Ted & Glenda McArdle and Tabitha & Mark Bleys and Hannah, as they mourn the tragic loss of their much loved daughter, mother and grandmother, Doreen.
Taken too soon.



Proston Mens Shed are holding a Car Boot Sale in Railway Park on Saturday 8th May from 7am. Stallholders welcome. Auction at 10am. Sausage sizzle and drinks will be available. For more information or to book a stall contact Paul Julian on 41689110 or Geoff Rea on 0439 694 000.

Get to Know a Local!

Name: Jackie Dionysius
Nickname: Wackie Jackie
Lived in Proston: 35 years
Occupation: Housewife
Favourite Pastime: Arts & Craft
Favourite Food: Seafood
Favourite Music: Soft Rock
Favourite Sport: None. I don't like sport.
I can't live without: Air (lol)
My secret talent is: being helpful
Best Quality: I'm happy-go-lucky
Worst Quality: being short
Proston needs: more people to be more friendly to others
What I like most about Proston: the people



Raymond and Jackie Dionysius enjoying morning tea at Jacaranda Tearooms. They're a happy Proston couple who make the most of every day. Both of them give of their time and energy to their community—Raymond as a member of the Proston Fire Brigade and Jackie as a valued QCWA member. They are always great supporters of Proston events.

Name: Raymond Dionysius
Nickname: Monty
Lived in Proston: 40 years
Occupation: Council worker, plant operator
Favourite Pastime: Relaxing
Favourite Food: I like all food
Favourite Music: country music
Favourite Sport: none
I can't live without: milk coffee
My secret talent is: none
Best Quality: none
Worst Quality: none
Proston needs: a petrol station
What I like most about Proston: my friends

**Proston
Mental Health
Peer Support Group
2021**

@ Proston Community Hall

For further information please contact:
Kathy Crane
Proston Outpatients Community Health
30 Wondai Road, Proston Q 4613
Ph: 07 41689288 - Mob: 0407 091 019
Kathleen.Crane@health.qld.gov.au

April

Wednesday 21st April 2021
Monthly Group Meeting @ 10.00am
- Guest Speaker – Donna Elton
(The Way Back Support Service)

May

Wednesday 19th May 2021
Monthly Group Meeting @ 10.00am
- Guest Speaker – Lyndell Richards
(Drug ARM)

June

Wednesday 16th June 2021
- Presentation from Dr Timothy Driscoll

July

Wednesday 21st July 2021
Monthly Group Meeting @ 10.00am
(Working Bee for RU OK Day Stall)

August

Wednesday 18th August 2021
Monthly Group Meeting @ 10.00am

September

Wednesday 8th September 2021
RU OK Day Stall @ Proston
Wednesday 15th September 2021
Monthly Group Meeting @ 10am

October

Wednesday 20th October 2021
Monthly Group Meeting @ 10am

November

Wednesday 17th November 2021
Monthly Group Meeting @ 10am

December

Wednesday to be advised
End of Year / Christmas Party

**SIX UNITY EXERCISE
QIGONG**

with Qigong Master Simon Blow



WHAT'S INCLUDED

- Morning tea
- Meditation sessions
- All tuition with Qigong Master Simon Blow
- 'Six Unity Exercise' DVD

HALF DAY WORKSHOP

Proston Community Hall Rodney St, Proston, QLD

**Wednesday 7th JULY 2021
9am to 12.30pm**

With regular practice Qigong helps cleanse the body of toxins, restore energy, reduce stress and anxiety and helps individuals maintain a healthy and active life. Simon conducts many retreats and workshops throughout Australia and has been leading specialist training tours to China to learn from masters at the source since 1999. He is also the author of numerous books, DVDs and meditation CDs about the ancient Chinese healing arts

COST

\$55 or Early Bird discount of \$50

To receive the early bird discount, payment must be received before 25th June.



Walking is such great exercise but it's a lot more fun to do it with friends. Did you know a walking

group meets every Thursday in Proston? If you would like to join in meet at the Playground in Railway Park at 4pm. Everyone welcome. For more information contact Kathy Crane on 0407 091 019.

Bookings are essential please contact Kathy Crane

Email: youinfocus@datawave.net.au

Ph: 0407 091019

www.simonblowqigong.com

Those were the days

WE REMEMBER HIM



In February 1940, 32 members of the Proston Light Horse Troop left Proston by train to attend a 3 month camp at Beaudesert. In May 1940, 31 of the Troop returned home to Proston. We remember Trooper Charles Smith who did not return home.

From a report in the South Burnett Times dated 15th May 1940 - The death occurred in Beaudesert hospital on Saturday (11/5/1940) of Charles Smith, second son of Mrs LA Smith of Brigooda and the late Andrew Smith. The deceased was a member of the Proston Light Horse Troop, but, owing to having contracted measles, was unable to return to Proston with the other member of the Troop. He was left at Beaudesert Hospital and complications developed, causing death.

The late Mr Smith was a popular member of Proston Light Horse Troop and was well liked by the residents of the district. His remains were brought to Proston on Sunday, and the funeral took place on Monday, from the Church of England, the Reverend AS Dence officiating. Mr J Krebs had charge of the arrangements. The funeral was the largest ever held in Proston and was attended by members of Proston and Wondai Light Horse Troops. The former acted as pall bearers and formed a guard of honour at the Church and at the cemetery. At conclusion of the service Mr G Panitz (Wondai) played the "Last Post". Among the many floral tributes were wreaths from Wondai Light Horse Troop, Proston Light Horse Troop, Proston Sub Branch RSSAILA, 5th Light Horse and Proston Cricket Club.
Contributed by Mrs Joyce A. Penman

MOSAIC WORKSHOP

Proston



Friday & Saturday
7th and 8th May

4 to 5 hours each morning
Starts 9am

Please BYO

- Small to medium terracotta pot, or paver, or flattish item to mosaic
- Tile cutter – the type with a wheel is preferred
- Smoko & Lunch



COST \$25

(to be paid when booking please)

Bookings essential

*To confirm your place in the workshop please contact
Kathy Crane on 0407 091 019*

Read "The Proston Post" online at www.prostononline.info or "Like" and "Follow" the Proston Connection Facebook page.

If you have an item or photograph that you think may be of interest to your community it can be left at either NB Department Store or Jacaranda Tearooms or alternatively email it to grea6@bigpond.com for possible inclusion in the newsletter.