

THE PROSTON
POST IS PROUDLY
SPONSORED BY
NB DEPARTMENT
STORE AND
JACARANDA
TEAROOMS

*Community is
much more
than belonging
to something:
it's about
doing
something
together that
makes
belonging
matter*

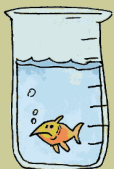
**Lake
Boondooma
Current
Capacity
26.11%**

**In the Rain
Gauge**

**At Proston
Post Office**

**April
17.4mm
May
35.2mm**

**2021 Total
322.2mm**



The Proston Post

VOLUME 5, ISSUE 3

JUNE/JULY 2021

“Sapphire” shines at Beef Week

The Proston State School Rural Studies Show Team have returned from Beef Week 2021 absolutely elated with their success. Ag teacher Katrina Hayward and Ag assistant Mikaela Ross took a team of five students and eight head of cattle to Rockhampton for what turned out to be an unforgettable experience. In an amazing achievement, their steer “Sapphire” won his class and was then selected as the Champion Led Steer of Beef 2021. It was an emotional moment for all present (and those following at home too). He was led by Show team member Jessica Jackson. Smithfield’s “Showtime” didn’t disappoint either, coming in 2nd out of a class of 30. “Sapphire” and “Showtime” are the two steers generously donated to the school’s Ag program by Smithfield Cattle

Company. Ag teacher Katrina Hayward, paid tribute to Barb, Jason and the Smithfield team saying “We wouldn’t have experienced the amazing highs that we have had this season without their support”. All of the students did a great job in the Junior Parader Competition with Jessica Jackson making the final 12 out of 60 competitors, while Kaitlyn Barber also made the final, with over 80 competitors in

her class. The students also did a fabulous job of leading the stud cattle entrusted to their care by several different studs. Katrina said “Thanks must go to a number of people including Brian Smith of Smithy’s Transport for safely transporting the cattle to and from Rockhampton. Thanks also to Riverina Stockfeed for their ongoing support”. Katrina also thanked the school community and the greater Proston community for their support. “When we are away, we know that we are not only representing our school, but also our amazing community. Hopefully we are doing our little bit to put Proston on the map”. They certainly did that. Congratulations all!



“Sapphire”, Jessica Jackson, Mikaela Ross, Katrina Hayward and Barb Madden at Beef Week 2021.

The old times rolled ... at the movies



Peter Keys (right) and Jean Pamenter (nee Keys) at the Proston & District Heritage Assn movie night. Peter presented and narrated the movie taken by their father, the late Bill Keys, between 1955 & 1976.

Organisers of the recent Local History Day and Movie Night were delighted with the response to their recent event. A steady stream of locals and past residents came during the day to share their memories of life in Proston. Their stories will be collated

into a book being published to coincide with our Centenary in 2023. There was a wonderful atmosphere as old friends met up after many years. It was great to see so many past residents making the trip back home.

In the late afternoon, the volunteers manning the barbecue did a fantastic job of getting everyone fed, while the Proston Scout group served up fresh hot popcorn, scones, damper and drinks.

By 5pm the hall was almost full and the crowd settled in to watch the movie which included footage of timber cutting, the sleeper mill, 1959 Centenary parade, hotel fire, shifting the Kinleymore Hall, peanut harvesting, Rodeo and Spring Fair and so much more. The quality and content of the movie, which ran for just over an hour, was amazing and the audience easily found themselves transported back to an earlier time.

During the evening, Mrs Dianne Howley also presented the Heritage Assn with a beautiful framed map of early Abbeywood selections. The map had belonged to her grandfather, Hugh Welch, an original settler of the area.

If you missed the evening, you can still see the movie as it is available on USB for just \$20 + \$5 postage. If you would like to order a copy please contact Linda Rea on 0428 689 280.

Councillor Kathy's Comments



Cr Kathy Duff

Proston State School Success!!
 Congratulations to the Proston State School on a history making achievement winning the Champion Led Steer at Beef 2021. Our Council invited the winning team of students along with their teacher, Katrina Hayward, to showcase their achievements at a recent Council Meeting. I felt very proud to stand beside the students and share in their joy. Well done to Smithfield Feedlot for providing the steer and Smithy's Transport for the free cartage. Beef week in Rocky is an incredibly competitive environment with studs from all

over the state and beyond. It was a mighty effort for a small school in a small town, so again congratulations on an amazing victory.

Community Engagement Days
 Our Council has decided to hold Community Engagement Days once a month. I think this is a great opportunity for individuals or community groups to meet with the Councillors and relevant staff to discuss any issues or concerns or even share an idea. Anyone who is interested can contact Council on 41899100 and make an appointment.

Silky Oaks in Rundle Park
 Some of the silky oak trees in Rundle Park near the fisherman have apparently been assessed as dead or dying and unsafe and 5 have been removed. I was not aware that this was happening and when I was contacted by locals, I was able to stop any more being removed. There will be community consultation before any further action is taken. A big thank you to the community for letting me know and for your care and concern for the park.



Proston's Golden Spurs Hotel was a sea of pink for their Hats & High Tea Breast Cancer Fundraiser. The day not only raised an amazing \$1250, but was a fun-filled event for the fantastic crowd who turned out to support it. Inspirational guest speakers, competitions and fashion parades with a difference made for a wonderful afternoon which was enjoyed by all. Congratulations!



Lindsay Anderson congratulates Jacinta Rockemer on her win in the Jeff Rickards Memorial Maiden.

Campdraft Results

A wonderful rollup of competitors, combined with fine weather and great cattle made for a terrific weekend of campdrafting at the Golden Spurs Campdraft held on 16-18 April.

Winner of the **Graham Blanch Memorial Open** was Joe Payne riding Cashmont Bling, while Andrew Winks on Woolerina Design took out the **Robin Hartwig Memorial Novice** after a run-off with Ned Perrett riding H. Jacinta Rockemer riding BJ

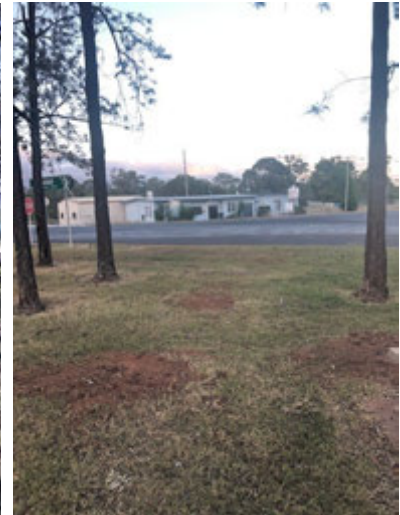
notched up a well-deserved win in the **Jeff Rickards Memorial Maiden**. Jacinta won in a 3 way run-off from Lindsay Anderson 2nd and Lloyd Stranks 3rd. The **Dunlop Santas Restricted Open** was won by Proston competitor Richard Blanch riding Jackson.

Young rider Sonya Plant showed her talent winning the **Juvenile Draft** on Kool Change, taking out 6th place on Sherry and also winning the cut out. She rounded

off the weekend by doing some announcing on Sunday. **Junior Draft** winner was Cooper Bradshaw on Spitfire.

All competitors in the **Minis Draft** were very happy to receive a ribbon and a bag of lollies for their efforts.

Congratulations to the hardworking committee, cattle donors, sponsors and all volunteers on another very successful draft.



Many of these silky oak trees in Rundle Park in Proston, which were planted in the mid 1940's, are marked for removal by the Council. Some have already been removed (as shown by photos above), but after intervention by Cr Kathy Duff and some community members, work has been halted to allow for community consultation.

At the May meeting of the Proston Round Table, concerns were expressed about their removal and whether there were plans for them to be replaced. Community members called for a halt to their removal and immediate replacement of the trees already removed. The park, with its shaded picnic tables and toilets, is a popular stop for travellers and tradesmen alike and is a part of Proston's identity.

Social Snippets



Happy 21st Birthday to Olivia Frahm who celebrates her special day on 19th June.

* Farewell to Bev and Rob Stein, who have sold their property on Abbeywood Road and are relocating to Nanango. It's been a pleasure to have you in our community.

* We note with sadness the passing of Nellie Parrish, a former Proston resident, who passed away at Castra, Murgon on 6th May. Nellie, whose family farmed at Okeden Road, was born at the Boondooma Private Hospital in 1935. She is survived by her sister Aggie and we extend our sympathy to her.



* Proston Library is one of only two South Burnett Libraries chosen to host a visit by new bestselling Australian author Maya Linnell. Maya's latest book "Magpie's Bend" has just been released. It is set in a small Australian country town and is sure to resonate with local readers. Please come along and meet Maya and hear her story on Friday 25th June at 10am in the Proston Library.

This function will be run as a Covid Safe event and therefore numbers will be limited in order to adhere to SBRC guidelines. Due to this, bookings are ESSENTIAL and can be made by phoning Julie on 4189 9341.

* Rhyme Time returns soon—dates to be advised.

Get to Know a Local!

Name: Stephanie Flint

Nickname: Steph

Lived in Proston: for roughly 7 years

Occupation: Barista at Jacaranda Tearooms and Receptionist at Lake Boondooma

Favourite Pastime: Playing with the dogs or chilling/relaxing at home

Favourite Food: Silverside meal with parsley sauce

Favourite Music: Wholesome pop

Favourite Sport: To play—Netball. To watch—Football

I can't live without: my family and the people closest to me

My secret talent is: making quotes that no one understands eg. "the moment you close your eyes is the moment you open them"

Best Quality: I smile a lot and I give people the



Proston State School students competed successfully in the School Equestrian Competition held in Nanango recently under the guidance of teacher Mrs Amanda Wagner. Congratulations to Emmerson Wagner who was named Age Champion for her age group.

* We say farewell and thank you to Jim Nielsen who has resigned as Proston Pool manager, as he and his family have left the district. Jim did a great job running our pool and he will be missed. Council is seeking expressions of interest for the position.

Bestselling author
MAYA LINNELL
Magpie's Bend

EVENT DETAILS
Friday 25th June 10am
Proston Library
Bookings 4189 9341



benefit of the doubt.

Worst Quality: I care too easily and probably smile too much!

Proston needs: more community events to unite us.

What I like most about Proston: The community as a whole.



* Brian & Glenys Blanch and Nick, Anita & Addison Blanch have enjoyed a 2 week road trip to western Queensland, returning home along the coast.



Boof, Bandit & Bessie checking out the new Dog Park, which is part of the Railway Park upgrade being implemented by South Burnett Regional Council. They gave it the lick of approval!
Photo courtesy Kate Tallar

Proston State School P-10
Golf Day 2021
Saturday, 12th June
12.30pm for a 1pm tee off
3 person Ambrose
\$10pp

- * raffles and prizes galore
- * chipping and putting comps
- * food available to purchase
- * beginners welcome!

RSVP to prostongolf@gmail.com or 0474741 822

This will be a day of fun, competitions and prizes for everyone. All proceeds will support the Secondary school camp at Fraser Island in Term 3. Don't forget to RSVP. The students would appreciate your support!



Navigating Anxiety & Panic Attacks. A way forward.

PRESENTED BY DR TIM DRISCOLL

Tim is a Clinical Psychologist and the Clinical Lead for the Royal Flying Doctor Service (Queensland Section) Outback Mental Health Team. Working for the RFDS he has had the opportunity to work across much of Western Queensland. Tim provides mental health services to people living in rural and remote Australia with limited access to other services and training and support to communities impacted by drought and flood. Tim grew up on a sheep and cattle property in Western Australia and has always had a passion for improving mental health service access in rural and remote Australia.

The stress of COVID and daily life can put pressure on anyone. Come along for a discussion on coping with and supporting others through all that life can throw your way.

Date: Wednesday, 16 June 2021

Time: 10am - 1pm

Location: Proston Golf Club, 81 Brigooda Road, Proston

If you're interested in attending, please contact Kathleen Crane:

Phone: 0407 091 019

Email: Kathleen.Crane@health.qld.gov.au



Darling Downs
Health



A great workshop on anxiety and panic attacks, presented by Dr Tim Driscoll, is coming to Proston on Wednesday 16th June. The session runs from 10am to 1pm. Please note the venue is the Proston Golf Club, 81 Brigooda Road, Proston.

For more information please contact Kathy Crane on 0407 091 019.

SIX UNITY EXERCISE QIGONG

with Qigong Master Simon Blow



WHAT'S INCLUDED

- Morning tea
- Meditation sessions
- All tuition with Qigong Master Simon Blow
- 'Six Unity Exercise' DVD

HALF DAY WORKSHOP

Proston Community Hall Rodney St, Proston, QLD

Wednesday 7th JULY 2021

9am to 12.30pm

With regular practice Qigong helps cleanse the body of toxins, restore energy, reduce stress and anxiety and helps individuals maintain a healthy and active life. Simon conducts many retreats and workshops throughout Australia and has been leading specialist training tours to China to learn from masters at the source since 1999. He is also the author of numerous books, DVDs and meditation CDs about the ancient Chinese healing arts

COST

\$55 or Early Bird discount of \$50

To receive the early bird discount, payment must be received before 25th June.

Bookings are essential please contact Kathy Crane

Email: youinfofocus@datawave.net.au

Ph: 0407 091019

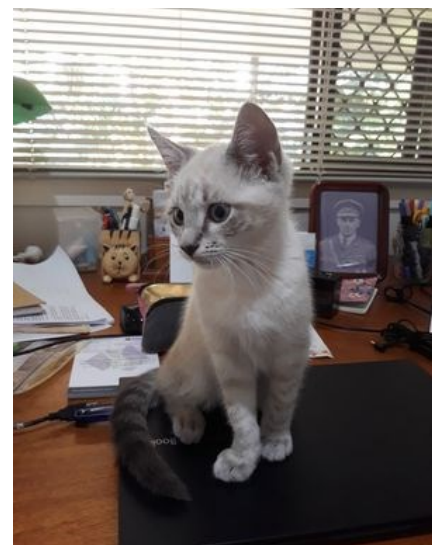
www.simonblowqigong.com

Those were the days



This photo of the BP Service Station will bring back fond memories for many locals. It was an old baker's shop which was bought by George & Ivy Hansen in the early 1960s and they set about turning it into a service station/garage, also selling light meals. George was also the mailman for a time. They built the business up and it was sold to Jeff & Katrina Grundy in the late 1970s—memorable for their "Grundyburgers". Several more owners followed until the shop was burnt down in the early 2000s.

Work is progressing on bringing Park Run to Proston. Watch this space.



Meet Elsie, The Proston Post's new editorial assistant and also the reason that the newsletter is late!

Read "The Proston Post" online at www.prostononline.info or "Like" and "Follow" the Proston Connection Facebook page.

If you have an item or photograph that you think may be of interest to your community it can be left at either NB Department Store or Jacaranda Tearooms or alternatively email it to grea6@bigpond.com for possible inclusion in the newsletter.